

WARBY RANGE
BUSHWALKERS
2005

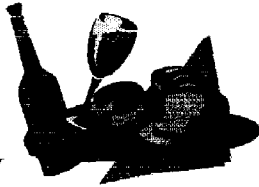


WARBY RANGE BUSHWALKERS Inc.

NEWSLETTER

new year issue 2005

CHRISTMAS



PARTY

Come to the Warby Walkers Christmas Party and help to celebrate ten years since the Club has been known as the "Warby Range Bushwalking Club".

When? Friday, December 17 at 6.00 pm

Where? At the Twitt's residence,
13 Walter Street, Wangaratta
Phone attendance to Adrian and Helen Twitt
on 5721 5327

The format? It's essentially a barbeque. Bring your own meat or vegetarian food, and drinks. And bring a salad or sweet to share. If you would like to swim (or have kids who would like to swim), there is a pool, so bring bathers. Children are the responsibility of parents.

There are sufficient chairs, cutlery, crockery, and glasses. Bread and sauce will be supplied.

OUR SEASON OF ANNIVERSARIES

Our Christmas Party is the tenth anniversary of the naming of our Club, which was registered in November 1994. So in reality it is effectively our tenth birthday solely as a walking club.

But we have even bigger things to celebrate in 2005, for it is the thirtieth anniversary of the origins of our founding club, and the twenty-fifth anniversary of the formation of the walking group that became the Warby Range Bushwalking Club.

We are descended from the Warby Range Protection Society, formed in April 1975. Believe it or not, the Society was established at The Centre on 22 April of that year as a result of a motion by our current Walks Co-ordinator, "That the meeting form an Association called the Warby Range Protection Society."

Wangaratta Shire Councillor, the late Paul Larkins, was the first President, and Garth Hodge (one of our life members) was elected Secretary.

The impetus for forming the Society grew out of a number of concerns regarding the future of the Warby Range at the time, including land clearing and subdivision. But the critical issue was the threat from mining. ICI (now Orica) had taken out a mining lease in the Range. This galvanized people into taking action to prevent the mining from happening. As it transpired, no commercial mineral was found by ICI and the lease expired.

But there were lots of other issues to take up over the years, and the lobbying of State governments to have the Warbies declared a State Park, was central to the aims of the Society. This was achieved when the Hamer government created the Warby Range State Park

In the very early stages of the Society, it ran promotion days to educate the local public into the joys of the Range. Wildflower and other nature walks were run. Eventually these walks were organized by a sub-committee.

The walking group was formally promulgated in 1980, the following being an excerpt from the March 1981 annual report-

"Following a good response to the advertisements this Society placed in the Chronicle last year to gauge public interest in bush walking, an inaugural meeting was held on September 2nd., to discuss the formation of a walking group. Twelve people attended that meeting and it was

decided to form a walking group under the umbrella of the Society."

The walks became the biggest part of the program. They branched out to other areas of natural beauty and the committee ran a yearly program with appointed leaders. Day walks, base camps over weekends and week-long trips away were conducted.



Let's give ourselves a big tick

Last month we passed the fifty mark with membership. This is the best for some time. Congratulations to all those who have introduced new members in the last year. New members, please remember that you are welcome at our Christmas party. Even if you have only been on one walk (or none at all) so far, come along. This is a good opportunity to get to know others.

Older members. What about phoning newer members and asking them to come on one of our scheduled walks?

Membership benefits

Attached to this newsletter is your most recent membership card. If you didn't get one, it's probably because you have let your membership slip.

Apart from the privileges that go with being part of our Club, you are entitled to go on any walks with other affiliated clubs. This includes Wangaratta Out and About, and walking clubs in Benalla, Shepparton and Albury as well as in other parts of the State. Other benefits are listed on the page about discounts.

MARYSVILLE WEEKEND

This weekend is coming up in mid-January. Check in the program for dates. Already quite a lot have booked for it, so it is proving quite popular.

People are either tenting, taking camper trailers/caravans, or staying in cabins. Val Kemp has room in her cabin for a couple of more participants. Ring Val (5721 7886) for details.

Any queries about booking, phone Adrian (5721 5327), or see him at the Christmas party.

President's Report

Dear members,

We have enjoyed another year of friendship and walking. Thanks go to the leaders of these walks.

The weekend camps and our week away in the Blue Mountains were well supported and a great time had by all.

We were all saddened by the passing of Trudi Kentmann, a foundation member who was an inspiration to all.

Warby Range Bushwalkers will be celebrating 30 years at our Annual Meeting, March 2005.

I would like to wish all members a very Happy Christmas and Best Wishes and Happy walking for the New Year.

Val

New Year Picnic

Join in the New Year picnic and walk day at Lake William Hovell. This has almost become an annual event and will be held on Sunday, January 2nd, so that will give you time to recover from New Year's eve festivities..

There is usually a not-too-strenuous walk on the day, the length depending very much on the temperature. Bring a picnic lunch to have on the cool, shady grassed area fronting the lake. In the past, some members have also had a post walk swim, so bring bathers too.

Phone President Val 5721 7886 for details.

CASTLEMAINE WEEK

Bill and Joy Rosser came back from the Castlemaine weekend organized by Pakenham Club very enthused about the program. It was held Melbourne Cup weekend, and clashed with the Wangaratta Jazz Festival, so few of us were able to go, though it was also part of our program.

Not to worry that you missed out. The Rossers have suggested that we go to the Castlemaine area for our "week away" in 2005. Note the dates we have proposed in our program guide. Put it in your diary now.

From all accounts, there are some fabulous walks to be done in that locality - enough for

two weeks. It will be a question of which ones are singled out to squeeze into our week. As usual, we have gone for a non-school holiday period, to make it easier for bookings. We also wanted it in mid-spring when the weather will have improved, but not too close to the busy season around Wangaratta. It's true, isn't it, that springtime weekends especially, seem to get busier every year?

The numbers hold up

We have had good numbers for our walks over the past few months, though the Klemms Track walk had to be cancelled because of weather, and the Mudgegonga Ranges walk didn't get the numbers to warrant the trip. We'll save them for a "rainy" day.

The following is a resume of walk numbers-

Albury-Wodonga	9
Mt Emu	7
Grey Box Track	8
Sunrise Track	10
Thistle Hill	6
Strathbogie Ranges	9
Killawarra Forest	12
Eldorado	8
Chesney Vale	17
Harrietville	9
Mt Buffalo	5

We must be keen on socializing as a Club. Two of the better attended walks, the Sunrise and Chesney Vale walks, ended with a barbeque lunch and both got strong support. Thanks to Frank and Marilyn for the first, and John and Frieda for the second.

Thanks also to all the leaders who helped make the program a success. Without our members volunteering their services as leaders, none of these walks could happen.

Vale: Trudi Kentmann
22 April 1908-5 Sept 2004

The Club has been saddened by the death of Trudi Kentmann, a foundation member and enthusiast for the outdoors.

Trudi, who was born in Estonia, came to Australia with her husband and family as refugees after the Second World War and settled in Wangaratta.

The Warby Range Bushwalkers were one of her great loves. She continued walking as a member into her nineties and loved all the events. She participated in many of the weeks away, and enthused about places like the Flinders Ranges with their walk challenges. She was delighted that son Andrew, offered his

Thredbo quarters to be available to the Club for a Snowy Mountains walking week.

Trudi was also a keen skier even as an octogenarian and also golfed and swam (she loved the new Aquatic Centre) as a nonagenarian. What an example to us all!

It followed that Trudi was very much an environmentalist. She was a foundation member of the Warby Range Protection Society which was the beginnings of our Club, an active member of the Friends of the Warby Range, and the Wangaratta Urban Landcare Group. In all of these, she could put her enthusiasm for the outdoors and the environment together.

Trudi was also involved in an enormous range of other organizations in Wangaratta, and along with her husband, Verner, was awarded the Citizen of the Year in 1973.

Trudi Kentmann spent her 96th year with her family around her in Sydney. She died peacefully on 5 September 2004 and is survived by her daughters Ursula (who has been an active member of the Warby Bushwalkers), and Amrey, son Andrew, and their spouses, ten grandchildren and six great grandchildren.



HIGHLIGHTS FROM RECENT WALKS

Albury-Wodonga Parklands (June 5)

Walkers set off on a sparkling winter's day from Noreuil Park, to the Hovell tree, then through Padman and Mates Parks. The track strolls pleasantly along the Murray River, though access to the lagoon was impeded by recent rains. A lot of work has been done in the area to restore it to its natural state. The afternoon walk consisted of the 4.5 km Wirrajuri Walkabout Trail starting from Gateway Island in a lovely river and woodland setting.

Mt Emu (July 3)

This encompassed a steep walk through pine and then native bush with some potentially beautiful views impeded by middling winter weather. The newer track is even steeper than the old one, which is partly overgrown, but which walkers preferred.

Lunch was at the top of Mt Emu, followed by a steep descent on the new track which proved slippery under foot. Ever tried walking on ball-bearings?

Grey Box Track (July 18)

This Warby Range walk is an easy six kms walk with one climb. The highlights are the

variety of trees: Grey, White, and Yellow Box, Stringybark and Blakelys Gums. The walk, which requires some careful navigating through the State Park, was very competently led by life member, Helen Curtis.

Sunrise Track (August 8)

A two and a half hour walk on one of the Warbies signature tracks. The track lived up to its name when the grey clouds broke to provide us with a late sunrise. Dozens of trees have succumbed to drought in spite of copious rains in recent weeks.

A barbeque at the Schumacher/Joyce residence followed at nearby Hamilton Park, with participants enjoying the food and warmth inside.

Thistle Hill (August 21)

Although only six members participated, this King Valley walk proved delightful. The hill was named by an "early" survey team which included member and participant, Bill Rosser.

Views of snow clad mountains encompassing 180 degrees one way, and hills and valleys completing the other half, make this a magical walk on a day as good as this one proved to be.

Strathbogie Ranges (September 3)

The start of this track was reached by driving along the Lima Road and then to the Tooroorour Forest Camp. The morning walk took the group to the Leersen Lookout along a track that at first was difficult to follow, but rewarding in that the leader, Bill, got it right! Lunch on the boulders at the lookout was superb.

The afternoon walk passed through lovely native bush and ferns to the Lima Creek falls, which recent rains had turned into a bridal veil of wonder.

Eldorado Hills (September 19)

This walk started one kilometre south-west of Kangaroo Hill. It includes an attractive creek setting and a waterfall which Rolf Heetel, the leader felt had the best flow that he had seen. Here the group enjoyed lunch. An early snake and many wildflowers were identified by botanical whiz Len Ashley.

Killawarra Forest (October 3)

Led by President Val, this walk started from the Killawarra Forest Camp, and

followed the telephone Track to Wallaby Creek Track. As expected, one of the highlights was the profusion of wildflowers. A goanna thought it better to climb a nearby tree than to confront the walkers.

Lunch was held back at the Camp, and then the Wildflower Walk, with its many orchids and other flowers, was an afternoon treat.

Chesney Vale Hills (November 7)

This new and popular walk commenced at the home of members John and Frieda. The walk took us into the nearby Lawfords Hill Nature reserve, with its many rock isotomes flowering. A mob of kangaroos which were startled at close range by the lead walkers, and the constant views over Lake Mokoan, helped make this a great walk enhanced by superbly pleasant weather.

Members were fascinated by John and Frieda's strawbale house which is nearing completion (or so Frieda hopes!) It's a project that John Lloyd has been working on with careful attention to the environment and to energy efficiency.

The barbeque lunch was much appreciated, including by newcomers to the Club's ranks.

Harrietville (November 20)

Joy and Bill Rosser acted as double leaders to make this a two-in-one day, catering for easy and hard walks.

The more intrepid climbed the Bungalow Spur to Mt Feathertop, making the ascent in ideal conditions, the reward being the spectacular views from the top. About half the area had been burnt in the fires of early 2003, but recovery is already quite marked.

The remaining participants had an assortment of rewarding walks. The first part of the Bungalow Spur was tackled, followed by a pretty walk upstream along the Ovens River from Harrietville, then along the levee bank in the town, and finally Cherry Tree walk in Bright.

Mt Buffalo (December 4-5)

Our annual camp at Lake Catani took place in delightful weather with walks to South Buffalo, Rollasons Falls and the Hump. Unfortunately, the Back Wall, which was on the agenda, is still closed due to the fires.

It would be great if we had had better numbers. This used to be one of the most popular walking weekends, and certainly, the leader, Murray, thinks it is one of the best.



WARBY RANGE BUSHWALKERS Inc.

WALKS PROGRAM

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DECEMBER 17 Friday 6.00 pm	CHRISTMAS PARTY A shared meal and party at Twitts residence, 13 Walter Street, Wangaratta	5721 5327

JANUARY 2 Sunday	PICNIC DAY AT LAKE WILLIAM HOVELL Bring a picnic lunch and join the Out and About Club beside the lake. Canoes available. Contact Val Kemp.	EASY/MEDIUM 5721 7886
JANUARY 15-16 Sat-Sun	MARYSVILLE WEEKEND Leaders - Murray Shaw and Adrian Twitt Book by December 17	MIXED GRADES 5721 5327
FEBRUARY 5 Saturday	BUCKLAND VALLEY Leader - Alan Raison	MEDIUM & EASY 5721 7886
FEBRUARY 19-20 Sat-Sun	MT ST. BERNARD A weekend at Wangaratta Ski Club Lodge with walks in the area. Leader - Adrian Twitt Book by February 11	MIXED GRADES 5721 5327
FEBRUARY 28 Monday	COMMITTEE MEETING 7.00 pm WALKS PLANNING MEETING 8.00 pm (all members encouraged to attend). At home of Val Kemp, Unit 3 (rear), 81 Edwards St, Wangaratta	
MARCH 5 Saturday	OVENS RIVER WALK Leader - Joy Rosser	EASY 5722 1947
MARCH 20 Sunday	MT STANLEY Leader-Adrian Twitt	MEDIUM TO HARD 5721 5327
MARCH 21 Monday	AGM and DINNER 6.30 pm at Cafe Martini.	

OCTOBER 1 - 7 Sat to Sat	CASTLEMAINE WEEKEND A week of walks based at Castlemaine. Contact - Bill and Joy Rosser	MIXED GRADES 5722 1947

This is a special year for our club as we are celebrating 30 years of the Warby Range Protection Society and 25 years since the Walking Group was formed.

Sadly during the year we lost Trudi Kentmann a foundation member, and an inspiration to all who knew her.

Congratulations to foundation members Helen and Peter Curtis who were selected as Wangaratta Citizens of the year.

The club has enjoyed another year with a variety of day walks weekend camps to Mt Buffalo, Marysville and Mt. St Bernard. and our week away in the Blue Mountains.

Joy and Bill Rosser represented the club at the Castlemaine Weekend with the Berwick Club.

Our Christmas Party was a very enjoyable night. Thanks to Helen and Adrian for opening your home and garden.

To Marilyn and Frank, Frieda and John thank you for the BBQ at your homes.

Thank you to all the walks leaders who make our program possible.

To all Committee Members Secretary Frank, Treasurer Isobel and Walks Co-ordinator and Newsletter Editor, Adrian thank you all

Wishing all members a great year of friendship and walking.

President Val Kemp.

Warby Range Bushwalkers Incorporated A0017187M

Income and expenditure for year ended February 28,2005

Income

Subscriptions	\$ 609.00
Visitors Fees	\$ 49.00
Interest	\$ 101.66
	\$ 759.66

Expenditure

Bank charges	\$ 4.50
Incorporation Fee	\$ 35.00
Vic. Walk Insurance	\$ 710.60
Newsletters	\$ 74.50
Blue Mtns. Trip Exp.	\$ 20.00
Maps	\$ 27.85
Postage	\$ 81.50
Stationery/photo copying	\$ 38.80
Garth Hodge, Gift Voucher	\$ 40.00
	\$1032.75
Deficit	\$ 273.09

Balances at 28 February 2004

Bendigo cheque account	\$ 355.44
Bendigo Fixed Dep.	\$2370.07
Petty Cash	<u>\$ 16.10</u>
	\$2741.61
Less deficit	<u>\$ 273.09</u>
	\$2468.52

Represented by Balances at 28 February 2005

Bendigo cheque Account	\$ 380.14
Bendigo Fixed Deposit	\$2081.73
Petty Cash	<u>\$ 6.65</u>
	\$2468.52



WARBY RANGE BUSHWALKERS Inc.

Newsletter 2, 2005

*Its our 25th
anniversary
dinner. . . .*



*. . . . so join in
the festivity.*

*Be at Cafe Martini at 6.30 pm on
Monday, March 21st.*

*If you can't come for the whole evening,
come for the cake. Dessert at Club
expense!!*

*The evening is also our AGM. Don't
worry, we already have takers for all
executive positions, so don't stay away
because you think you'll be "dobbed"
for a job.*

CLUB FEES

\$\$\$

Club fees have to go up. They have been the same for so long, that none of us know when they were last raised. But up, they must go.

We pay out more in affiliation fees and insurance than the actual membership subscription. As a result our capital reserves have been running down over the last couple of years.

The executive is recommending new fees of \$25 per single; \$45 per household. Unless this is upturned by a vote of members, these will be payable at the annual meeting.

TEMPORARY MEMBERS

VicWalk has indicated that for insurance purposes, all Club visitors should become "temporary members". We plan to charge temporary members \$5.00 for a day's walking activity. Visitors from affiliated walking clubs will be charged \$2.00.

Because temporary membership is not recognized in our constitution, we will need to do this at our AGM.

A notice of motion is that the following be inserted into our constitution-

"A temporary member means a member who joins the Club for a specific activity".

&

"Temporary members will be required to pay a levy to participate in a walk program, the amount determined by the Club".

Insurance News

As you can expect from the previous news item, it is important that all visitors are registered on any walk program and that they understand their obligations. Leaders please note.

The good news is that nationally among bushwalking clubs in 2003 there were only 13 personal accident claims totalling \$12 000. The largest payout was \$4087. There has never been a public liability claim other than a small amount settled out of court.

Another piece of good news is that our insurance through Bushwalking Australia covers us if we are walking in snow (but not for ski-ing). Some members will remember occasions we did not intend to walk through snow, but came across it, or the weather turned bad. It is very unpredictable in the High Country as we all know. What would have been our situation if we had been walking in the High Country on February 4th this year? Can anyone remember such a heavy fall of snow in late summer?

First Aid



It would be wonderful if more of our bushwalkers/leaders could have up-to-date first aid certificates. They can be obtained locally. VicWalk will subsidize the cost by \$40. Let someone on our committee know if you are interested.

If you have a current first aid certificate, could you phone the Walks Co-ordinator? (Adrian on 5721 5327) We need to know as it will help in our planning.

The Health of Bushwalking Clubs

If you think that the Warby Walkers is dominated by retirees, don't get the impression that bushwalking is a dying activity. It isn't. This is attested by the likes of Monash Bushwalking and Outdoors Club. In 2004 it had 370 members! And none of them was over 40 years old!

South Aussie Walks

There is apparently a free booklet available on South Australian walks. They range in length from a 45 minute gentle ramble to a five hour physical challenge. For more info check out www.southaustraliantrails.com

Alpine Alps Walking Track

For those of us who recently walked part of the AAWT in The Twins area, and had great difficulty finding the track, there's some good news. In the current walking season, new markers are to be in place along the entire track. These are to be in the format of new yellow triangular track markers. We'll believe this when we see it. At present there is a marker at the top of The Twins and one at the bottom. For a couple of kilometres you are on your own!!!!

New members

Everyone is a new member recruiter. Our numbers rose quite well last year, but this is the time to invite a friend or an acquaintance to join the Club and keep our numbers up. The more we are together the happier we'll be!!!

So what about bringing along a "temporary member" on the next walk you attend!

If someone asks about the Club, ring the Walks Co-ordinator (Adrian Twitt 5721 5327) and he'll send a newsletter and program to them.

Buying Walking Boots



The following hints about walk boot purchases come via Shepparton Adventure Club-

1. Shop at day's end when your feet are puffiest.
2. Wear walking socks when trying on boots.
3. Push your foot fully forward into the unlaced boot. Your middle finger should fit into the gap behind your heel.
4. Lace the boots firmly and walk down an incline - most good shops have a ramp. If your toes touch the front of the boot, they are too small. This is critical

because toes suffer terribly on long descents in too-small boots.

5. Stroll around the shop for as long as you want, to make sure that there are no obvious pressure points. Boots should feel firm, not tight.

6. Buy the most comfortable boots you can afford or you will be sorry later.

7. Wear new boots around the house for a week before taking them out, so the soles are unworn if you need to change them.

8. Christen them on a short walk and work up from there.

Rebuilding of Federation and Michell Huts

These huts were two of the many which were destroyed two years ago in the bushfires. They were considered high priority for replacement due to the high snow falls, strong winds and extremes of temperature in their locations. The new huts are designed to maximize their functionality as refuges in extreme weather or bushfires.

The pre-fabricated buildings were made in Stanley, transported by road to the closest points, and flown by helicopter on-site for erection.



Federation Hut



Recent walks

Our walk program this year has gone very well. Highlights have been the weekends spent in Marysville and Mount St Bernard, both of which attracted 16 to 18 walkers.

Murray Shaw had a great variety of walks for us in the Marysville area, and what a great district for walkers it is! We could have stayed for a week. The rivers, waterfalls, mountains and forests all add to the attraction. The weather was cool and reasonably kind, though rain did set in at lunch time on Saturday, so there were some damp walkers by the time we returned to the camping ground that afternoon.

Apart from the walking, highlights included having fish and chips at Steavensons Falls by floodlight; visiting Bruno's sculptures; and socializing at a restaurant for dinner. The latter might have been better with a more flexible attitude by the management at the chosen restaurant. No split bills!!! How ridiculous.

We didn't need to worry about split bills at Mount St Bernard. Everyone contributed to the barbeque and shared salads and sweets at Wangaratta Ski Club on the first evening, and the roast dinner organized by Helen Twitt the following evening.

It was great to see some new faces, with Helen Hill, Anne Schultze, Robyn Jones, and Ron Walpole, all first-timers at this club event. Also present were members Keith and Helen Hallett from Gisborne. Great to see them again.

Conquering Mt Feathertop was on the agenda on Saturday, and most made it, some with great surprise at their stamina. A number decided to have lunch at the newly restored Federation Hut rather than tackle the last ascent to the summit of Feathertop. Some did both!

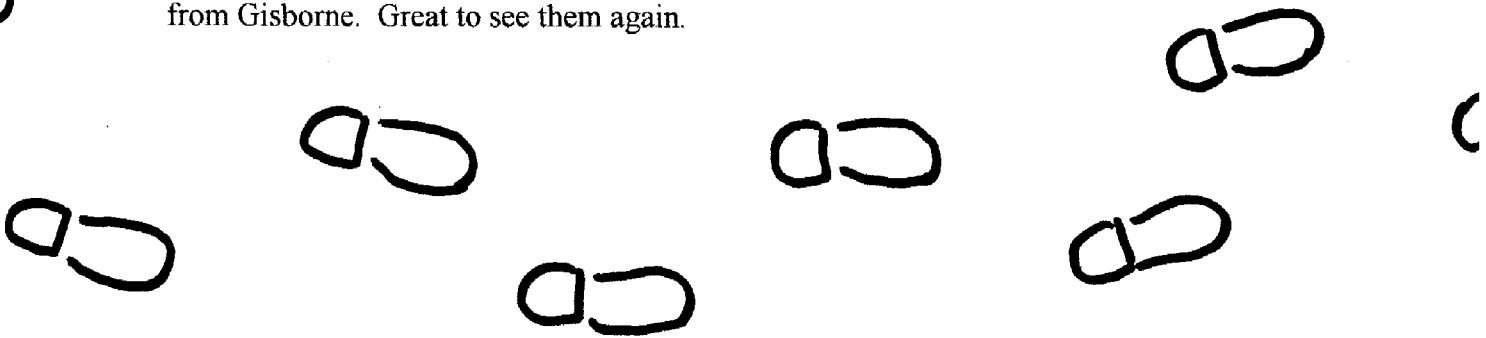
Most were footsore and weary by the return to the Diamantina. Everyone enjoyed the showers that evening even though they were restricted to two minutes. It's surprising how blissful even a two minute shower can be.

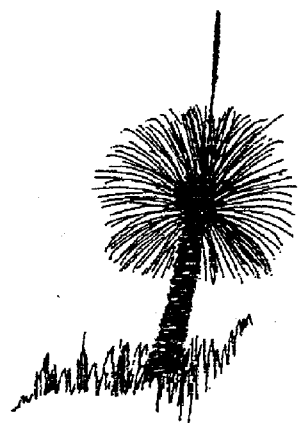
The Sunday morning walk to the top of The Twins proved a lot more challenging than expected. It wasn't the climb; it was the descent! The Alpine Walking Track needs attention (see elsewhere in this newsletter).

Another great day was the walk in the Buckland Valley. We were joined by Jan Heywood from Bowmans Forest on this trip.

The Buckland River was a raging torrent following 200 mms of rain the previous few days, so leader Alan Raison had to do some adjusting to the walk route. Instead of a circuit on either side of the river, involving a watery crossing, we had to be content to stick with the road on one side only. Some decided that a return visit was worth including in our next program, so we have!

Our most recent walk, the Ovens River walk, proved popular, and participants appeared to enjoy the beauty of the red gums and riverine environment (though not the mossies!). The threatening rain did arrive with a heavy shower, but most persevered. It certainly didn't deter leader Joy Rosser.





WARBY RANGE BUSHWALKERS Inc.

WALKS PROGRAM

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MARCH 20 Sunday	MT STANLEY Leader-Adrian Twitt	MEDIUM TO HARD 5721 5327
MARCH 21 Monday	AGM and DINNER 6.30 pm at Cafe Martini. Phone Val Kemp for numbers	5721 9409
APRIL 3 Sunday	SALISBURY FALLS & ALPINE VIEWS TRACK (WARBY RANGE) Leader-Joy Rosser	MEDIUM 5722 1947
APRIL 16 Saturday	KLEM TRACK Leader-Frank Schumacher	MEDIUM 5766 2690
APRIL 30 Saturday	PANGERANG LOOKOUT Leader-Jill Cullen (Out and About/Warby Walkers combined)	EASY 0429091416
MAY 7 Saturday	PARADISE FALLS CIRCUIT Leader-Alan Raison	MEDIUM 5721 7886
MAY 22 Sunday	BUCKLAND VALLEY Two walks, one medium/hard up Goldie Spur, and an easy walk along the Buckland River. Contact person-Murray Shaw	MIXED GRADES 5721 3730
MAY 30 Monday	COMMITTEE MEETING 7.00 pm WALKS PLANNING MEETING 8.00 pm (all members encouraged to attend); at home of Val Kemp, Unit 3 (rear), 81 Edwards St, Wangaratta	5721 9409
JUNE 4 Saturday	ROSEWHITE HILLS Leader-Adrian Twitt	MEDIUM 5721 5327
JUNE 19 Sunday	CLEAR CREEK, ELDORADO Barbeque lunch to follow Leader-Lois Tippett	EASY TO MEDIUM 5725 1785
OCTOBER 1 - 7 Sat to Sat	----- CASTLEMAINE WEEKEND A week of walks based at Castlemaine. Contact - Bill and Joy Rosser	MIXED GRADES 5722 1947



WARBY RANGE BUSHWALKERS Inc.

Newsletter 3, 2005

Our New Look Executive

If you missed the AGM, you may have missed the news. We have a new President, Kerrie Davenport and a new Vice-President, Pat Kuhle. Congratulations to them both. And thanks to Val Kemp who wished to step down after five years of faithful service to the Club.

We older ones are not used to having such a "young face" at the helm, but that's what Kerrie brings, plus her enthusiasm for the Club and its program. Kerrie has only been a member for a couple of years, so she brings a fresh approach as well. Any organization relishes that.

Pat Kuhle, as Vice President, is a keen walker and an even keener cyclist. If you see a flash of red and black on two wheels heading down any of the minor roads around Wangaratta, it could be Pat. She has been on a number of our walks in the last couple of years. We were all saddened by the death of Pat's husband, Ken, a few months ago. Pat is eager to keep her outdoor activities going and as a walker, could "beat the socks" off many of us.

To support President Kerrie, we have stalwarts, Frank Schumacher as Secretary, and Isobel Moore as Treasurer. We are all delighted about that too.

NEW COMMITTEE

Committee members (other than the executive) elected at our AGM were-
Walks Coordinator: Adrian Twitt; Assist. Walks Co-ordinator: Paul Davenport. Other Committee members are Bill Rosser, Alan Raison, Murray Shaw, Catherine Anderson, Val Kemp.

Paul Davenport and Catherine Anderson are new members of the Committee. It's great to have them on board. Paul has been an active member of the Club for the last couple of years. Catherine is new to the Wangaratta district and very new to our Club.

But what does the Committee do????

Well, it usually deals with all those things that most Club members don't want to do, but without it, the Club wouldn't function.

We usually only meet once a quarter, and where possible, that meeting is quite brief, and immediately precedes our quarterly planning meeting to which everyone is invited (see box). We have to check whether any new information and action is required relating to insurance, affiliation fees with VicWalk, pending new legislation affecting us, and local issues that come within our scope.

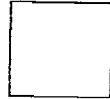
Did you know, for example, that the government is toying with the idea of

requiring all walk leaders to have a police check if there are participants on walks under the age of eighteen. That would be expensive for the club, deter our potential leaders, and adversely affect the program. Alternatively we would have to ban children from participation. We have had young people on at least a couple of our recent walks, and most members welcome their involvement. Government regulation is set to try us.

\$ \$\$

FEES ARE NOW DUE!

Membership fees are \$25 per single and \$45 per family. Fees are from March to March. Your membership fee is important for insurance purposes.



If there is a yellow sticker in the square, it means you hadn't paid (according to our books) at the time of publication.

It's great to see some new members lining up this year. Ask someone else to join you, and keep the numbers rolling in. If they are unsure, suggest they become a temporary member.

Temporary members are now participants who wish to come for a day walk. They pay \$5. Such participants may come twice without joining. (or once if it is a weekend program). After that, they must join, but the previous temporary membership payments are deducted from the membership fee. This only applies to fees paid in the same walk year.

Temporary membership is now recognized by the Club (passed at AGM).

Members of Clubs affiliated with VicWalk are covered by insurance where it is advertised as a joint program, and pay \$2 for each walk.

NEXT PLANNING EVENING

**All members are invited.
Be there to make your suggestions about new walks, and plan the next three month program. Castlemaine participants especially advised to attend.**

Bring a plate of supper to share.

**Monday, 12 Sept at 8.00 pm
(preceded by committee meeting at 7.00 pm)**

**Venue: Adrian and Helen Twitt's place: 13 Walter Street, Wangaratta
(phone Adrian 5721 5327 if you want more details)**

Membership Subscription - Attached is my subscription for 2005-06

Name(s)..... Phone Number.....

Address..... Amount.....

Send to: Isabel Moore, Treasurer, Warby Range Bushwalking Club,
1 Worland Road, Wangaratta 3677

CASTLEMAINE WEEK AWAY: SAT. 1ST OCTOBER TO SAT. 8TH OCTOBER

This is our annual trip to another area. The Castlemaine area is a hub for many good walking tracks. This promises to be a great week. There is limited cabin accommodation. The early birds get the worms!! Accommodation is at Carracourt Caravan Park (5472 2160). If you are coming, please let Joy Rosser (5722 1947) know now or no later than August 1st. The cost of a cabin is \$130-\$150 per person shared for the week, depending on the number in each unit. If you are camping or taking a caravan, you need to make your own booking soon.

**Deposit of \$30 before August 1st
to Joy Rosser, 5 Heron Drive, St John's Terrace, Wangaratta 3677**

Profile of our President

As a relatively new member to the club (and also to bushwalking might I add) I am sure many of you are wondering who on earth this new president is so I'll just take a little time to introduce myself.

Originally from Melbourne (although I must almost be considered a local now, having been in residence almost 22 years) I work part time as a pharmacist between the two hospitals in Wangaratta. Paul and I have two daughters, Elise almost 18 and Michelle 15.

Apart from bushwalking which I am certainly enjoying more and more I love to read and have recently developed an interest in native plants - maybe its because Paul and I have a 100 acre block where we are planning to build a new home in the future and it will need a garden!

As I stated earlier this is all new to me (I am still somewhat bemused that I am the president) so the committee and I would love to hear any ideas, suggestions, for things you would like to do. After all this is your club. Finally I'm really looking forward to meeting many more of you when we are out walking.



Biodiversity Month

Each year the Department of Sustainability and the Environment designates September as "Biodiversity Month". We have participated in this program before, with the Friends of the Warbies. This year we have decided to run a burst of short walks in the Warby Range to coincide with biodiversity month. Let's hope that they are as successful as previously.

Constitutional Matters

We are grateful to our legally minded member, Gillian Mallinder for being prepared to look at our Constitution and see how it needs to be updated. We note that, although we changed our name to the "Warby Range Bushwalking Club" in 1994, this is not recognized in our constitution. We also need to insert new clauses relating to temporary membership, and allow for future changes to the document.

Protecting the Warby Range

As a Club, we feel morally obliged to keep an eye on the Warby Range and its environs.

Our Club grew out of the Warby Range Protection Society and our constitution obliges us to do our best to preserve the natural environment of the Warbies and its contiguous area. Recently, a planned re-zoning of land between the Warby Range and the old highway in South Wangaratta has been a point of controversy.

As a Club we have officially objected to a new rail siding which may lead to obtrusive industrial activity in the location in future years. Indeed, the planning scheme encourages this development. We are at one with the Friends of the Warby Range in our objections. Some of us are members of both groups.

If there is space, we will include a Chronicle news article about this development.

New Walkers Please Note

We have a number of new walkers, which is wonderful. To help the leaders, we like all walk participants to book in at least two days before the scheduled walk. It helps with planning greatly.

Recent walks

Many thanks to the leaders of all walks since the last program. The weather has been very kind to walkers, though not to the landscape. At the time of writing, we badly need rain.

All walks have been well attended, and we seem to be averaging between twelve and sixteen at each event. Let's hope we can maintain that in the winter months.

It was really wonderful to see so many participants in the joint Out and About/ Warby walkers walk to Pangerang Lookout led by Jill Cullen. Our members came out in force! The Saturday afternoon seemed to suit a lot of people, and maybe we should do more of that for the shorter walks.

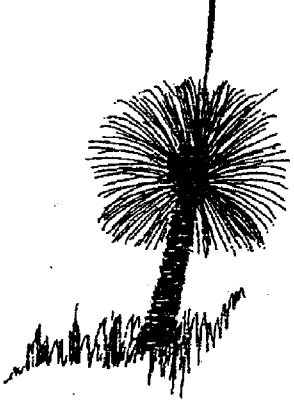
A "new" walk was the Klem Track, led by Frank Schumacher. There are some superb views of Mt Buffalo across the Buffalo Valley, and also a bird's eye view of Myrtleford on that walk.

The most recent walk in the Buckland Valley catered for those who wanted a challenge as well as those who preferred an easy walk. The difficult walk was along the Goldie Track which climbs up towards the Back Wall of Mt Buffalo. It has almost continuously spectacular views, so is very rewarding for those who don't mind the climb. The easy walk followed the Buckland River and participants also explored the old cemetery.

Please note that the next walk is not to the Rosewhite Hills as previously advertised, and the leader is Paul Davenport (see program).

Travel Costs

On a walk trip, we usually pool cars. Note that all passengers are expected to pay the driver 7.5 cents per kilometre.



WARBY RANGE BUSHWALKERS Inc.

WALKS PROGRAM

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JUNE 4 Saturday	POREPUNKAH-BRIGHT Leader - Paul Davenport	MEDIUM 5726 9376
JUNE 19 Sunday	CLEAR CREEK, ELDORADO Leader - Lois Tippett	EASY-MEDIUM 5725 1785
JULY 3 Sunday	WABONGA PLATEAU* (Long Spur and Falls) Leader - Tracey Toohey	MEDIUM-HARD 5725 7305
JULY 9 Saturday	CASSAGRANDEAS TK* (Edi Cutting) Leader - Stephen Shearer	MEDIUM 5727 3347
JULY 16 Saturday	MT KILLAWARRA* (Afternoon walk in the Warby Range) Leader - Jill Cullen	EASY 0429 091416
AUGUST 6 Saturday	CHESHUNT TURQUIOSE MINE Leader - Frank Schumaker	MED-HARD 5766 2690
AUGUST 20 Saturday	MT PILOT Leader - Adrian Twitt	MED-HARD 5721 5327
SEPT 4 Sunday	CHILTERN WHITE BOX WALK Leader - Murray Shaw	EASY-MEDIUM 5721 3730
SEPT 12	COMMITTEE MEETING 7.00 pm WALKS PLANNING MEETING 8.00 pm (all members encouraged to attend); at home of Adrian and Helen Twitt, 13 Walter St, Wangaratta	5721 5327
SEPT 18-24	BIODIVERSITY MONTH WALKS IN THE WARBY RANGE STATE PARK	Contact - Adrian Twitt
Sun. Sept 18	2.00 pm Pangerang Lookout (Leader - A Twitt)	5721 5327
Tues. Sept 20	9.30 am Killawarra Forest (Leader - J Rosser)	
Thurs. Sept 22	9.30 am Salisbury Falls- (Leader - M Shaw)	
Sat. Sept 24	Friends 9.30 am Sunrise Track (Leader- A Twitt)	
	Meet for all walks at Rotary Park, Edwards St, Wangaratta (opp. entrance to HB Barr Reserve)	
OCTOBER 1 - 7 Sat to Sat	CASTLEMAINE WEEK A week of walks based at Castlemaine. <u>Contact - Bill and Joy Rosser before 1st August.</u>	5722 1947

* Asterisked walks above led by "Wangaratta Out & About"

CLIPPING

IN OUR 120th YEAR

WANGARATTA, Monday, May 2, 2005

Tel: (03) 57212021

Price: \$1
(INC. GST)

Tomorrow's weather
Fine, sunny
20°
PAGE 4

BABIES

PAGE 2

RURAL

PAGES 7, 8

SOCIAL FOCUS

PAGE 12

TV GUIDE

PAGES 9-11

SPORT
Hawks' heroic comeback


Community opposition to planning changes

By Clarisa Collis

THE Rural City of Wangaratta has entered a Bermuda triangle of objections from three local groups concerned about the effect of intended planning scheme changes on the edge of the Warby Range.

Under proposed rezoning, an area of rural living 2, which allows some development on minimum lot sizes of 20 acres, is to change to industrial 1, enabling industrial development on lots without minimum sizing.

The new industrial zone 1 will provide for the manufacturing industry, storage and distribution of goods, along with their associated uses in a manner, which rural city planning manager Frank Darke said does not affect the safety and amenity of the local community.

But not all agree. With the official submission process ending last Friday, council will now be forced to contend with a solid pyramid of opposition lodged by the Warby Range Bushwalkers, Friends of the Warby Range and Concerned Residents for the Protection of Wangaratta's Beauty.



UNITED INDUSTRIAL OPPOSITION: (From back left) Members of the Concerned Residents for the Protection of Wangaratta's Beauty members, Bruce Gooday and Harry Glover, (front left) along with Warby Range Bushwalkers member, Murray Shaw and Friends of the Warby Range member, Adrian Twitt. PHOTO: Simone Gladigau

Strong opposition to planning changes

• From page 1
Warby Range Bushwalkers Club member, Murray Shaw, who drafted the letter of objection lodged with council, said the proposed rezoning invited the new title: 'Industrial City of Wangaratta'.

The Bushwalkers Club has a special interest in opposing the industrial rezoning. The recreational group was formerly the Warby Range Protection Society, which was instrumental in declaring the Warby Range area a state park to prevent mining, Mr Shaw said.

"Wodonga is prepared to put a rail siding 15 kilometres out of town in Barnawartha, why should we have one right in the middle of town?" Mr Shaw said. Despite significant concerns for South Wangaratta's future, Mr Shaw reserved confidence in council that the proposed rezoning would not proceed.



WARBY RANGE BUSHWALKERS Inc.

Newsletter 4, 2005

Our New Program

Another new and exciting program is on offer to our members and guests over the coming months. Spring is already part way through and in many ways is the best time to see the countryside in all its glory. Spring always seems to go too quickly in the North East doesn't it?

By the time you get this, the walks program as part of bio-diversity month with Parks Victoria will be probably over as they occupy the second half of September's program. We are hoping for a good turn out, though the publicity has been scanty. In any case, the Warbies are near to their best with wildflowers out and the waterfalls flowing after the recent rains. It's wonderful to see the way the country recovers from drought.

Some of our forthcoming program is referred to in other parts of this Newsletter, so it is unnecessary to refer to it all here. It is great to see new members taking a role in leading walks. Jan Heywood is one of our newest members, and she'll be leading a walk in the Gapstead area in November. Thanks Jan.

An Invitation

Talking of leading walks. Why not come to our planning meetings? They are open to ALL our members. It's a great way to be involved in Club

discussions, and put your penny's worth in. You might like more walks; different walks harder/easier walks; more weekend camps. We don't know unless you come. AND we would love to have more people offer to lead a walk.

Our meetings, always in private homes, finish with supper, so they are quite casual. It's a great way of catching up with Club colleagues and walk mates.

Check the program for the next Walks Planning Meeting and put the date in your diary.

CASTLEMAINE HERE WE COME!

Our "Week Away" is coming up very soon, with the group arriving in Castlemaine on Saturday, October 1st. This is often the highlight of the year, so we are all looking forward to it.

The group is quite small this year (only nine of our members have booked to date), with a few extras from the Pakenham club coming as well.

If you make a last minute decision about coming, please give Joy Rosser a ring on 5722 1947. There may be room. We have a mixture of cabins and campers. There could be space in one of the cabins. In any case, tenting at the same Tourist Park is an alternative.

Great Dividing Range Trail

Castlemaine, apart from being a good base for a variety of walks in the area, is on the route of the Great Dividing Range Trail. How many of our members know about the Great Dividing

Trail? This walking trail is 260 km long, commences at Bacchus March railway station, traverses through the Lerderderg State Park, passing Mt Blackwood, the Lerderderg Gorge, and finally reaches Lake Daylesford.

From Daylesford, you can walk the 72 km Federation Track to Creswick and Ballarat or head 115 km to Castlemaine and Bendigo via the Dry Diggings and Leanganook tracks.

The most recent section on the GDT, the section closest to Bacchus Marsh, was opened in February by the Governor, John Landy

CHRISTMAS PARTY

It seems ridiculous to be talking about Christmas this early. It seems no time since some friends have had "Christmas in July", whatever that might mean!

Kerri and Paul Davenport have offered their place at Killawarra for this year's Christmas party on Saturday, 17 December. Thanks Kerri and Paul. Another date for the diary. More in the next newsletter.

VALE LEILIA BADE

Club members were saddened by the recent death of former member Leilia Bade. Leilia was a member of the Club for many years, and a very enthusiastic walker. Members knew her as a gentle dignified lady. She continued her participation in our walk activities into her eighties and was 89 at the time of her passing. A number of our members attended her funeral on July 29th

St Bernard Lodge Booked for Mayford Walk

Fees have gone up at Wangaratta Ski Lodge. To stay there in the future, will cost \$20 per night. That is a doubling of the cost. However, we have been on a very good deal for a long time now. It is wonderfully convenient base for walks especially during our rather hot Wangaratta summers.

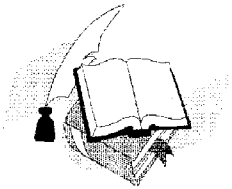
We have booked the lodge for Friday night, 7 January. You will notice a **Mayford Track Walk** scheduled in our program for the next day. This is a hard walk and it is advisable to start reasonably early. It is very near the Lodge, off the Dargo Road, so we are suggesting that participants come up to the Lodge on Friday afternoon or evening, have a barbeque, and stay overnight. Early risers who can't come on the Friday evening, could still join us at the Lodge on Saturday by 8.00 am.

For those who don't want to do the hard walk, there will be one or two easy walks on the Saturday while the hardier (foolhardy?) tackle Mayford.

Mayford Track descends down into the Dargo Valley and back. It is a circuit and involves a 600 metre climb in 4 kms on the return.

Falls Creek Weekend

Whilst on the matter of staying at Ski Lodges, President Kerri Davenport and Paul (Assistant walks Co-ordinator) have been checking out the Myrtleford Ski Lodge at Falls Creek for a summer weekend after the school holidays. We could stay there at \$20 per night and have scheduled a weekend there on February 4-5. The High Plains are fantastic at that time of the year. More in our next newsletter.



Club Notes

Some of our veteran members have had to limit their walking lately due to ill health. Isobel Moore our Treasurer, also committee member Bill Rosser, and Val Kenp, committee member and immediate past president, have succumbed to various illnesses of late, as has life member, Rolf Heetel who had been hoping to lead a walk this spring. We hope they are all better soon and back on the track.

Congratulations to both Bill and Joy Rosser on celebrating their 80th birthdays recently. Their contribution to the Club over the years has been fantastic.

Pat Kuhle has recently returned from what seems to have been a great trip to Broken Hill and the Flinders Ranges. She is now a keen short distance flight passenger, especially if there are great views of rugged landscape of the kind that the Flinders offer up, and delighted in the Arkaroola Ridge Top roller coaster by 4WD.

Adrian and Helen Twitt have just spent time in the Lamington National Park in southern Queensland, staying at the Binna Burra Lodge which nestles in among the rain forest that dominates the area. They walked for four days until their legs could hardly take any more (too much time spent lounging at the Sunshine Coast prior to the venture). Adrian did the full 21 km walk from O'Reillys to Binna Burra, getting lost in the constant rain and adding a few extra kms to the total. It would be a great place for the Club to spend a week away.

Trudi's Shed

How many Club members know that Typo Station is naming its grand new shed (replacing the one that was destroyed by fire this year), "Trudi's Shed"? Trudi, of course, was a founding member of the Club over thirty years ago, and remained an enthusiastic walker to within a year or two of her death at 96 years in 2004.

Trudi had an abiding interest in young people and was a great supporter of Typo Station a Youth Opportunity Centre near Cheshunt.

Typo has an annual open day on the last Saturday in October. This year's Open Day will be very special as their new building is to be opened and named "Trudi's Shed" in her honour.

It would be great to see as many Club members attend as possible. The official ceremony is at 3.00 pm on Saturday, October 29. But of course there are activities on from late morning and it is a fun day for all, as well as an opportunity to see over the facilities and what happens as part of the program

Re-opened track

Typo Station has done some work on re-opening a track in the Wabonga Plateau. The track links Top Crossing Hut and Cherry Tree. It was originally a link between the Tolmie gold diggings and Buckland Gap. Terry Kingston, Parks Victoria Whitfield, is a good contact about it. One way of getting in is via Top Crossing Track. Another way, which leads to Cherry Tree is via Wabonga Track and Stock Yard Track (near Paradise Falls). The 4WD touring map has the track marked. The Top Crossing end has a faded pink tape to show the beginning. The track is not accessible in the winter.

Federation Day Walk

This year's Federation Day Walk, sponsored by VicWalk, is hosted by the Essendon Bushwalking Club on 16 October.

There are a variety of walks available for all levels of fitness and they start from the Blackwood Recreation Reserve, a lovely forested area about an hour's drive west of Melbourne.

If you would like to join in, and meet lots of other outdoor enthusiasts, contact Frank on 9310 7353. Bookings must be made before October 1st and the entry fee is \$10.

Mt Buffalo Track Clearing

As we all know, a lot of damage was done to tracks on Mt Buffalo in the 2003 fires. Walkers are being encouraged to help with track clearing. Jim Harker is organizing a weekend of such activity on 12-13 November. The emphasis will be on the Back Wall and helpers have permission to camp in the locality overnight (or just go on a day basis). Contact Jim 9547 1152, or jnharker@netspace.net.au.

Want a Photo? This photo was taken by Ron Walpole at one of our walks. He has supplied spares for interested members. Phone Adrian on 5721 5327 for a copy.

VicWalk 2006

The Warby Range Bushwalking Club has been invited to be part of the organizing committee for next year's annual VicWalk event. Bright has been chosen as the base and lots of walks are to be offered around Bright, including Mt Buffalo and the High Country.

As Walks Co-ordinator, Adrian Twitt has been representing the Club at planning meetings. The committee has appreciated our input so far.

The event will be held on the weekend of November 17-19, 2006. As a Club, we will be offering to lead some of the walks. We can expect perhaps 300 participants. A number of walks are programmed concurrently to cater for the numbers and levels of fitness.

A Week Idea

Gippsland walking clubs are having a joint walk program in the Erica area staying at Rawson Village in November. That sounds like a great area for walking. Too far for us for a weekend, but what about a week some time? Mts Baw Baw and Erica, and the Walhalla area are all close.

Warby Range Bushwalkers - Diamantina - Feb 2005





WARBY RANGE BUSHWALKERS Inc.

WALKS PROGRAM

MARCH 20 Sunday	MT STANLEY Leader-Adrian Twitt	MEDIUM TO HARD 5721 5327
MARCH 21 Monday	AGM and DINNER 6.30 pm at Cafe Martini. Phone Val Kemp for numbers	5721 9409
APRIL 3 Sunday	SALISBURY FALLS & ALPINE VIEWS TRACK (WARBY RANGE) Leader-Joy Rosser	MEDIUM 5722 1947
APRIL 16 Saturday	KLEM TRACK Leader-Frank Schumacher	MEDIUM 5766 2690
APRIL 30 Saturday	PANGERANG LOOKOUT Leader-Jill Cullen (Out and About/Warby Walkers combined)	EASY 0429091416
MAY 7 Saturday	PARADISE FALLS CIRCUIT Leader-Alan Raison	MEDIUM 5721 7886
MAY 22 Sunday	BUCKLAND VALLEY Two walks, one medium/hard up Goldie Spur, and an easy walk along the Buckland River. Contact person-Murray Shaw	MIXED GRADES 5721 3730
MAY 30 Monday	COMMITTEE MEETING 7.00 pm WALKS PLANNING MEETING 8.00 pm (all members encouraged to attend); at home of Val Kemp, Unit 3 (rear), 81 Edwards St, Wangaratta	5721 9409
JUNE 4 Saturday	ROSEWHITE HILLS Leader-Adrian Twitt	MEDIUM 5721 5327
JUNE 19 Sunday	CLEAR CREEK, ELDORADO Barbeque lunch to follow Leader-Lois Tippett	EASY TO MEDIUM 5725 1785
OCTOBER 1 - 7 Sat to Sat	----- CASTLEMAINE WEEKEND A week of walks based at Castlemaine. Contact - Bill and Joy Rosser	MIXED GRADES 5722 1947

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CHECK LISTS

CHECK LIST FOR ORDINARY DAY WALK

1. **Day pack.** Of adequate size and comfortable fit.
2. **Fluid.** An amount sufficient to last at least the duration of the walk.
(As a guide—one litre for each 10 km of the walk)
3. **Food.** Lunch plus high energy snacks plus some reserve.
4. **Wet weather gear.** Waterproof and coat and waterproof over trousers.
5. **Woolen jumper** (If not being worn).
6. **Attire.**
 - (a) Sturdy boots.
 - (b) Woolen socks. (2 pair).
 - (c) Jumpers as required.
 - (d) Shorts or trousers (no denim).
 - (e) Long sleeved shirt with collar.
 - (f) Hat with brim.
 - (g) Sunglasses.
7. **Other personal items.**
 - (a) Sunscreen.
 - (b) Band-Aids.
 - (c) Matches.
 - (d) Safety pins.
 - (e) Note book and pencil.
 - (f) Toilet paper.
 - (g) Elastic bandages.
 - (h) Whistle.
 - (j) Compass.
 - (k) Spare bootlaces.
 - (l) Personal medication for conditions such as asthma, blisters or sunburn.

CHECK LIST FOR ALPINE DAY WALK

1. **Day pack.** Of adequate size and comfortable fit
2. **Fluid.** An amount sufficient to last at least the duration of the walk **plus a reserve.**
(As a guide—one litre for each 10 km of the walk)
3. **Food.** Lunch plus high energy snacks **plus significant reserve.**
4. **Wet weather gear.** Waterproof coat and waterproof over trousers.
5. **Extra tracksuit** (top and trousers) or similar.
6. **Woolen jumper** (If not being worn).
7. **Balaclava** or beanie plus woolen gloves or mitts.
8. **Spare socks.**
9. **Thermal underwear,** gloves and socks or similar if you have them.
10. **Attire.**
 - (a) Sturdy boots. (Must)
 - (b) Woolen socks. (2 pair).
 - (c) Jumpers as required.
 - (d) Shorts or trousers (no denim).
 - (e) Long sleeved shirt with collar.
 - (f) Hat with brim.
 - (g) Sunglasses.
11. **Personal Items.**
 - (a) Sunscreen.
 - (b) Band-Aids.
 - (c) Matches.
 - (d) Safety pins.
 - (e) Note book and pencil.
 - (f) Toilet paper.
 - (g) Elastic bandages.
 - (h) Whistle.
 - (j) Compass.
 - (k) Spare bootlaces.
 - (l) Personal medication for conditions such as asthma, blisters or sunburn.
12. **Optional extras.**
 - (a) Pocket knife.
 - (b) Plastic poncho (recommended).
 - (c) Towel or absorbent cloth.
 - (d) 50m of light cord.



GUIDE TO SAFE BUSHWALKING

SAFETY

1. Extra is better. Extra clothing, food and fluid should be carried in case of emergencies; particularly on an Alpine walk.
2. Each person should make every effort to stay with the group. If you are having trouble keeping up, you must inform the leader. Fast walkers should restrain themselves.
3. Each person must at all times be able to see the next person in front of them and the next person behind them.
4. If you become separated for what ever reason, you must immediately raise an alarm by blowing your whistle three times or by loud calling. Wait where you are and keep calling until a response is received.
5. No person is to leave the group without informing the leader, even for a nature call.
6. A leader may advise a person to abort their walk and will arrange for them to be accompanied home. The leader would only do this for the benefit of the person and the welfare of the group.
7. Experienced walkers may by arrangement with the leader, deviate from the planned walk **BUT** never alone and preferably at least three together.

THE ROLE OF LEADERS

1. Leaders are all volunteers.
2. Leaders are the clubs representative and are responsible for the implementation of the rules.
3. Leaders usually plan the outing and in so doing cater as far as possible for the range of abilities of all intending participants.
4. Leaders are responsible for the group as well as individual well being.
5. Leaders have to evaluate all risks and take appropriate action as the need arises. They will always act in the best interest of the whole group.
6. Leaders will advise each participant of degree of difficulty, distance, likely conditions and any expected problems prior to the start of the walk.
7. Leaders will also advise which kit to carry and any special requirements.
8. Leaders report on all walks they lead.

MEMBERS RESPONSIBILITIES

1. Every person is responsible for being appropriately attired and equipped.
2. The leader must be informed of any known deficiencies prior to starting out.
3. The leader is to be informed of any condition liable to hinder a person from performing at their usual standard.
4. Anybody with a pre-existing condition or are prone to blisters should carry appropriate treatments.
5. Members introducing new walkers should make them aware of the clubs rules and the role of leaders. Members should ensure the new walkers are adequately equipped. They should be given a copy of the checklists and the guide to safe bushwalking.
6. Each person is to sign the register of participants.



GRADING OF WALKS

EASY: To about 12 km, generally on tracks in flat terrain with climbs to 200 m. These walks are suitable for most people of average fitness.

MEDIUM (LONG): As for easy but with distances up to 18 km, possibly with some cross country sections and/or climbs over 200 m. A reasonable level of fitness and some bushwalking experience is recommended.

MEDIUM (CLIMBS): 12 to 18 km. May include some rough terrain, 'scrub bashing' and possibly sustained climbs to 600 m. A reasonable level of fitness and some bushwalking experience is recommended.

HARD: Distances greater than 18 km and/or climbs over 600 m in any combination. These walks should only be undertaken by fit and experienced walkers.

Please contact the walk leader at least two days in advance (3 days for campovers) for details of the walk and meeting place and time.