

WARBY RANGE
BUSHWALKERS
2003A



WARBY RANGE BUSHWALKERS Inc.

WALKS PROGRAM

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JAN. 5 Sunday	LAKE WILLIAM HOVELL Contact ISOBELL MOORE	SHORT STROLL 57 214443
JAN. 17, 18, 19 Fri., Sat., Sun.	MOUNT BULLER A Booking has been made at 'Ski-Lib' Chalet. \$25 per night per person B.Y.O. everything. Contact VAL KEMP \$50 each required by Dec. 15th or A.S.A.P. after.	ALL GRADES 57 219409
FEB. 1 Saturday	MOUNT BUFFALO—Lower section of 'Big Walk' Walk will be to or from Mackeys Corner & include Rollasons Falls. A car shuffle is anticipated. Contact DAVID BANKS	EASY/ MEDIUM 57 662855
FEB. 16 Sunday	WAHGUNYAH - MURRAY RIVER WALK A visit 'All Saints Winery' after the walk is planned. Contact JOY ROSSER	EASY 57 221947
FEB. 17 Monday	COMMITTEE MEETING VAL KEMP'S house at 131 Williams Road	7.00 to 8.00 pm 57 219409
FEB. 28 & MAR. 1, 2 Fri., Sat., Sun.	MOUNT ST BERNARD Stay at the Wangaratta Ski Club. \$10 each per night. Contact ADRIAN & HELEN TWITT. One weeks notice please.	ALL GRADES 57 215327
MAR. 15 to 22 Sat. to Sat.	WEEK AWAY AT MALLACOOTA See Information sheet included with the newsletter for details. \$25 deposit required by Dec. 15th or A.S.A.P. Contact VAL KEMP	ALL GRADES 57 219409
MAR. 31 Monday	ANNUAL GENERAL MEETING The A.G.M. will follow a fellowship dinner at the Sydney Hotel commencing at 6.30pm	Meeting 8.00 to 9.30 pm
APR. 6 Sunday	BRIGHT 'CANYON WALK' Contact VAL KEMP	EASY 57 219409
APR. 20 Easter Sunday	NO SCHEDULED WALK	
MAY 3 Saturday	CLOVER DAM (Near Bogong Village) Contact DAVID BANKS	MEDIUM/HARD 57 662885
MAY 5 Monday	COMMITTEE MEETING VAL KEMP'S house at 131 Williams Road	7.00 to 8.00 pm 57 219409
MAY 5 Monday	WALKS PLANNING MEETING VAL KEMPS House at 131 Williams Road. Make sure your good ideas are included in the program	8.00 to 9.30 pm by being there.

CHECK LISTS

CHECK LIST FOR ORDINARY DAY WALK

1. **Day pack.** Of adequate size and comfortable fit.
2. **Fluid.** An amount sufficient to last at least the duration of the walk.
(As a guide—one litre for each 10 km of the walk)
3. **Food.** Lunch plus high energy snacks plus some reserve.
4. **Wet weather gear.** Waterproof and coat and waterproof over trousers.
5. **Woolen jumper** (If not being worn).
6. **Attire.**

(a) Sturdy boots.	(b) Woolen socks. (2 pair).	(c) Jumpers as required.
(d) Shorts or trousers (no denim).	(e) Long sleeved shirt with collar.	(f) Hat with brim.
(g) Sunglasses.		
7. **Other personal items.**

(a) Sunscreen.	(b) Band-Aids.	(c) Matches.
(d) Safety pins.	(e) Note book and pencil.	(f) Toilet paper.
(g) Elastic bandages.	(h) Whistle.	(j) Compass.
(k) Spare bootlaces.	(l) Personal medication for conditions such as asthma, blisters or sunburn.	

CHECK LIST FOR ALPINE DAY WALK

1. **Day pack.** Of adequate size and comfortable fit.
2. **Fluid.** An amount sufficient to last at least the duration of the walk **plus a reserve.**
(As a guide—one litre for each 10 km of the walk)
3. **Food.** Lunch plus high energy snacks **plus significant reserve.**
4. **Wet weather gear.** Waterproof coat and waterproof over trousers.
5. **Extra tracksuit** (top and trousers) or similar.
6. **Woolen jumper** (If not being worn).
7. **Balaclava** or beanie plus woolen gloves or mitts.
8. **Spare socks.**
9. **Thermal underwear,** gloves and socks or similar if you have them.
10. **Attire.**

(a) Sturdy boots. (Must)	(b) Woolen socks. (2 pair).	(c) Jumpers as required.
(d) Shorts or trousers (no denim).	(e) Long sleeved shirt with collar.	(f) Hat with brim.
(g) Sunglasses.		
11. **Personal Items.**

(a) Sunscreen.	(b) Band-Aids.
(c) Matches.	(d) Safety pins.
(e) Note book and pencil.	(f) Toilet paper.
(g) Elastic bandages.	(h) Whistle.
(j) Compass.	(k) Spare bootlaces.
(l) Personal medication for conditions such as asthma, blisters or sunburn.	
12. **Optional extras.**

(a) Pocket knife.	(b) Plastic poncho (recommended).
(c) Towel or absorbent cloth.	(d) 50m of light cord.



WARBY RANGE BUSHWALKERS INCORPORATED

**Twenty-Eighth Annual General Meeting Monday 31st March 2003
Held at Sydney Hotel 2 Templeton St, Wangaratta**

PRESENT Adrian Twitt, Helen Twitt, Ivan Tippet, Lois Tippet, Isobel Moore, Sue Blair, Garth Hodge, David Banks, Alan Raison, Marilyn Joyce, Joy Rosser, Bill Rosser, Frank Schumacher, Val Kemp.

APOLOGIES Marion Seferth, Merrick Ussher, Jessie Ussher, Margot Thompson.

WELCOME President Val Kemp welcomed everyone to the Annual General Meeting.

MINUTES of the Twenty-Seventh Annual General Meeting were confirmed on the Motion of Helen Twitt
Seconded by Isobel Moore **CARRIED**

BUSINESS ARISING - NIL

CORRESPONDENCE

Incoming

1. VicWalk request for help in performing recovery tasks in Alpine Region resulting from the recent bushfires (letter sent Feb. 2003)
2. VicWalk Email from Jim McLaughlin offering help in
 - a. Determining walking club requirements for training (leaders and non leaders).
 - b. Finding avenues to do this training at reasonable cost .
3. VicWalk News - March 2003 edition.

Outgoing

1. Reply by Email to Jim McLaughlin's Email offering assistance for training indicating that our club is interested in his proposal.

Correspondence was received on the motion of Adrian Twitt, Seconded by Bill Rosser **CARRIED**

BUSINESS ARISING FROM CORRESPONDENCE

Item 2 of correspondence the Club awaits further developments

Moved Adrian Twitt, Seconded Joy Rosser **CARRIED**

REPORTS **President's Report** see attached document

Moved Val Kemp, Seconded Lois Tippet **CARRIED**

Treasurer's Report see attached document

Moved Lois Tippet, Seconded Val Kemp **CARRIED**

Walks' Coordinators Report see attached document

Moved David Banks, Seconded Isobel Moore **CARRIED**

Publicity - In Marion's absence Helen reported that a very good job was done by Marion Seferth throughout the year.

BUSINESS ARISING FROM REPORTS - NIL

ELECTION OF OFFICE BEARERS – Nominations for the year 2003/2004 were called.

PRESIDENT

Val Kemp was nominated by David Banks Seconded Marilyn Joyce
As there were no further nominations Val Kemp was declared PRESIDENT

VICE PRESIDENT

Adrian Twitt was nominated by Val Kemp Seconded Joy Rosser
As there were no further nominations Adrian Twitt was declared VICE PRESIDENT

SECRETARY

Frank Schumacher was nominated by Isobel Moore Seconded Helen Twitt
As there were no further nominations Frank Schumacher was declared SECRETARY

TREASURER

Lois Tippett was nominated by Sue Blair Seconded Bill Rosser
As there were no further nominations Lois Tippett was declared TREASURER

WALKS COORDINATOR

Adrian Twitt was nominated by Alan Raison Seconded Joy Rosser
As there were no further nominations Adrian Twitt was declared WALKS
COORDINATOR

ASSISTANT WALKS COORDINATOR

David Banks was nominated by Helen Twitt Seconded Adrian Twitt
As there were no further nominations David Banks was declared Assistant Walks
Coordinator.

COMMITTEE

1 Bill Rosser	Nominated By Val Kemp	Seconded Isobel Moore	Carried
2 Sue Blair	Nominated By Marilyn Joyce	Seconded David Banks	Carried
3 Alan Raison	Nominated By Lois Tippett	Seconded Sue Blair	Carried

AUDITOR

Garth Hodge **Nominated By** Val Kemp **Seconded** David Banks
As there were no further nominations Garth Hodge was declared AUDITOR

PUBLIC RELATIONS OFFICER

Val Kemp **Nominated By** Adrian Twitt **Seconded** Isobel Moore
As there were no further nominations Val Kemp was declared PUBLIC RELATIONS
OFFICER

GENERAL BUSINESS

Motion. 1 That all fees remain the same as last year i.e.
\$15 Annual individual membership
\$30 Annual family membership
\$2 non refundable fee for visitors

and that 7.5 cents per kilometre be charged for members and visitors when being
transported in other members cars to and from walk locations.

Moved Frank Schumacher Seconded David Banks

CARRIED

Motion 2 That a representative from the *Out and About Club* be invited to the May
5th Planning Committee meeting.

Secretary to contact Murray Shaw about getting additional name tags.

CLOSE OF MEETING 9.20 p.m.

Presidents Annual Report 31-3-03

Our Club has enjoyed another year of friendship and walking. The week away at Talbingo was very successful with Helen and Adrian leading the walks.

Thanks to the leaders who organized and led a variety of walks.

Due to the bushfires the Buffalo walk and the weekend at the Wangaratta Ski Club were cancelled.

I know that all members are pleased thanks to the fire fighters that the Ski Club survived the fires and we will still be able to enjoy our weekend there.

Thank you Helen and Adrian.

Our four days at Paynesville with Joy & Bill organizing the accommodation and Brian leading the walks was again a great time. Thank you to Marion for opening her home for our Christmas treat-up.

Thanks to Brian for leading the walks at the Mt Butler weekend to Mt Lurling and Little Butler.

The accommodation at the Star-Lib Lodge was quite good.

Twelve members have just returned from a week away at Mallaacoota. The weather was great as was the company. Thanks to David for leading us on a variety of walks.

My thanks go to Frank and Lois and all committee members for your support and attendance at meetings.

I would like to thank David for the work he has done as walks Co-ordinator and for doing the newsletter.

Wishing all members a great year of walking
Pat Kemp.

Warby Range Bushwalkers Incorporated A0017187M

Income and Expenditure for year ending February 28, 2003

Income

Subscriptions	\$525.00
Visitors Fees	\$ 24.00
	<u>\$549.00</u>

Expenditure

Bank Charges	\$ 7.00
Business Affairs Fee	\$ 33.00
Newsletters & Programs	\$111.99
Insurance --- Vic Walk	\$346.50
Postage	\$ 18.00
Stationary	\$ 34.35
Mallacoota Map	\$ 15.15
Parking at Yarrangobilly Caves	\$ 12.00
Talbingo write off	\$ 2.00
	<u>\$577.99</u>

Net operating loss **\$ 30.99**

Interest Bendigo Gold	\$ 95.14	—
Net Income for 2002/03	<u>\$ 64.15</u>	

4:50%

Balance Sheet as at February 28, 2003

Mallacoota booking	\$600.00	Accumalations A/C fund forward	\$2,761.74
Bendigo Bank Current a/c	\$203.11	net Income 2002/03	\$ 64.15
Bendigo Gold Deposit	\$2,269.78		<u>\$2,825.89</u>
Petty Cash	\$ 1.00		
Cash in hand	\$ 2.00	Deposits Mallacoota	\$ 250.0
	<u>\$3,075.89</u>		<u>\$3,075.89</u>

_____ Audited and found correct.

in \$
 253.

 \$
 73.

31/3/03 587.00

WARBY RANGE BUSHWALKERS Inc.

WALKS COORDINATORS REPORT 31st MARCH 2003

The past year has certainly been eventful, a year of contrasts. There was a varied and innovative walks program that was for the most part well received. Twenty-four events were scheduled, seventeen of which were very well patronised (minimum of 7 walkers) to a very respectable maximum of 18. The average number of walkers at each event was 11.7 which is considerably up from the previous year of 9.3

The unfortunate aspect of the year was the cancellation of 7 events. Two were due to wet weather preceding the walk (The weather on the day turned out to be OK!). One was perceived to be too hot and dry (again the actual day turned out to be quite mild!). The walk proposed on Melbourne Cup day did not attract enough starters (we tried). Our participation in a walk with Benalla Bush Walkers was cancelled due to lack of numbers, and most unfortunately two popular events had to be cancelled due to the devastating bush-fires.

The experiment of joining a couple of walks organised by the Benalla Club was unfortunately not a success, with much negative comment concerning organisation – or lack of it – arising from the first attempt and lack of takers for the second!

On a much happier note, the two camping weekends were, as usual, well supported and the long weekend at Bairnsdale was a resounding success. Judging by the popularity of this and similar events in the past they could possibly be programmed more frequently, but they entail a lot of organisation. If you would like more similar events, then more help will be needed to arrange them. Bring your ideas to the planning meetings.

For me the highlight of a years activities is the “week away” and this year we had two. Both were enormously successful and at venues the club has not been before. I thank Helen and Adrian for their superb organisation of the week at Talbingo, and Val for arranging the accommodation at Mallacoota. It is a lovely place but some of the denizens are not very appealing! I hope you did not bring too many home with you.

I want to thank everyone for their support and enthusiasm this past year, in particular those who helped plan and lead walks, those who provided transport and Val and the Committee for their constant encouragement.

I am not standing for re-election as walks coordinator this year. I plan to be away for a considerable part of the year and believe that, although the position is not terribly onerous the incumbent should be contactable most of the time.

Happy hiking to you all.

David Banks

WALKS PROGRAM



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May 17 Saturday	MOUNT BIG BEN Contact ALAN RAISON	MEDIUM 57 217886
JUNE 7 Saturday	BEECHWORTH to EVERTON RAIL TRAIL A car shuffle and a visit to the bakery is being planned. Contact LOIS TIPPET	EASY 57 251785
JUNE 22 Sunday	SUNRISE TRACK in THE WARBY RANGE The walk will be followed by a barbeque at 5 Kurrajong lane, Hamilton Park. Contact FRANK SCHUMACHER	EASY 57 662690
JULY 5 Saturday	CHILTERN NATIONAL PARK—CYANIDE DAM WHITE BOX WALK Contact ISOBEL MOORE	EASY 57 214443
JULY 19 Saturday	KING VALLEY—THISTLE HILL WALK Great views of the King River and Boggy Creek valleys. Contact ALAN RAISON	MEDIUM 57 217886
AUG. 3 Sunday	BEECHWORTH AREA ONE TREE HILL to WOOLSHED FALLS Contact LOIS TIPPET	EASY/MEDIUM 57 251785
AUG. 17 Sunday	ELDORADO AREA FROM RICHARDS TRACK Contact LOIS TIPPET	EASY/MEDIUM 57 251785
SEP. 6 Saturday	WARBY RANGE WALK Contact JOY & BILL ROSSER	EASY/MEDIUM 57 221947
NOV 14, 15, 16 Fri., Sat., Sun.	MOUNT BEAUTY AREA—MOUNTAIN CREEK Accommodation is available in Tawonga, about 10 km. Contact JOY & BILL ROSSER	ALL GRADES 57 221947

GRADING OF WALKS

EASY About 12 km, generally on tracks in flat to undulating terrain with climbs to 200m. These walks are suitable for most people of average fitness.

MEDIUM—(LONG) As for easy but with distances up to about 18 km, possibly with some cross country sections and / or climbs over 200m. A reasonable level of fitness and some bushwalking experience is recommended.

MEDIUM—(CLIMBS) 12 to 18 km. May include some rough terrain, 'scrub bashing' and possibly sustained climbs up to 600m. A reasonable level of fitness and some bushwalking experience is recommended.

HARD Distances greater than 18 km and / or climbs over 600m in any combination. These walks should only be undertaken by fit and experienced walkers.

Please contact the nominated walk leader in advance (preferably 2 days or 3 for campovers) for details of the walk, meeting place and time. If you can't contact the leader then address your inquiries to the Walks Co-ordinator.

CHECK LISTS

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2. **Fluid.** An amount sufficient to last at least the duration of the walk.
(As a guide—one litre for each 10 km of the walk)
3. **Food.** Lunch plus high energy snacks plus some reserve.
4. **Wet weather gear.** Waterproof and coat and waterproof over trousers.
5. **Woolen jumper** (If not being worn).
6. **Attire.**

(a) Sturdy boots.	(b) Woolen socks. (2 pair).	(c) Jumpers as required.
(d) Shorts or trousers (no denim).	(e) Long sleeved shirt with collar.	(f) Hat with brim.
(g) Sunglasses.		
7. **Other personal items.**

(a) Sunscreen.	(b) Band-Aids.	(c) Matches.
(d) Safety pins.	(e) Note book and pencil.	(f) Toilet paper.
(g) Elastic bandages.	(h) Whistle.	(j) Compass.
(k) Spare bootlaces.	(l) Personal medication for conditions such as asthma, blisters or sunburn.	

CHECK LIST FOR ALPINE DAY WALK

1. **Day pack.** Of adequate size and comfortable fit.
2. **Fluid.** An amount sufficient to last at least the duration of the walk **plus a reserve.**
(As a guide—one litre for each 10 km of the walk)
3. **Food.** Lunch plus high energy snacks **plus significant reserve.**
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5. **Extra tracksuit** (top and trousers) or similar.
6. **Woolen jumper** (If not being worn).
7. **Balaclava** or beanie plus woolen **gloves** or mitts.
8. **Spare socks.**
9. **Thermal underwear,** gloves and socks or similar if you have them.
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(j) Compass.		
(l) Personal medication for conditions such as asthma, blisters or sunburn.		
12. **Optional extras.**

(a) Pocket knife.	(b) Plastic poncho (recommended).	
(c) Towel or absorbent cloth.	(d) 50m of light cord.	



GUIDE TO SAFE BUSHWALKING

SAFETY

1. Extra is better. Extra clothing, food and fluid should be carried in case of emergencies; particularly on an Alpine walk.
2. Each person should make every effort to stay with the group. If you are having trouble keeping up, you must inform the leader. Fast walkers should restrain themselves.
3. Each person must at all times be able to see the next person in front of them and the next person behind them.
4. If you become separated for what ever reason, you must immediately raise an alarm by blowing your whistle three times or by loud calling. Wait where you are and keep calling until a response is received.
5. No person is to leave the group without informing the leader, even for a nature call.
6. A leader may advise a person to abort their walk and will arrange for them to be accompanied home. The leader would only do this for the benefit of the person and the welfare of the group.
7. Experienced walkers may by arrangement with the leader, deviate from the planned walk **BUT** never alone and preferably at least three together.

THE ROLE OF LEADERS

1. Leaders are all volunteers.
2. Leaders are the clubs representative and are responsible for the implementation of the rules.
3. Leaders usually plan the outing and in so doing cater as far as possible for the range of abilities of all intending participants.
4. Leaders are responsible for the group as well as individual well being.
5. Leaders have to evaluate all risks and take appropriate action as the need arises. They will always act in the best interest of the whole group.
6. Leaders will advise each participant of degree of difficulty, distance, likely conditions and any expected problems prior to the start of the walk.
7. Leaders will also advise which kit to carry and any special requirements.
8. Leaders report on all walks they lead.

MEMBERS RESPONSIBILITIES

1. Every person is responsible for being appropriately attired and equipped.
2. The leader must be informed of any known deficiencies prior to starting out.
3. The leader is to be informed of any condition liable to hinder a person from performing at their usual standard.
4. Anybody with a pre-existing condition or are prone to blisters should carry appropriate treatments.
5. Members introducing new walkers should make them aware of the clubs rules and the role of leaders. Members should ensure the new walkers are adequately equipped. They should be given a copy of the checklists and the guide to safe bushwalking.
6. Each person is to sign the register of participants.



WARBY RANGE BUSHWALKERS Inc.
WEEK AWAY AT MALLACOOTA. Sat. March 15th to Sat. March 22nd.

Location:

Mallacoota is located on the western shore of Mallacoota inlet close to the entrance, in the extreme eastern corner of Victoria. The inlet is the drowned valleys of the Genoa and Wallagaraugh rivers and extends some 20 km inland. The walks are located along the rugged coastline to the southwest, around the town and along the shores of the headlands and bays upstream from the town.

One third of all Australia's birds have been recorded in the area. Large populations of Wallabies, Possums and Gliders live close to the town. Ground orchids abound in the spring and Epiphytic orchids can be seen growing from the trunks and branches of trees in the rain forests.

Getting There:

We will drive the Great Alpine Road over Mt Hotham to Omeo, then the Omeo Highway to Bruthen before cutting across to the Princes Highway at Nowa Nowa. We will follow it through Orbost and Cann River to Genoa where we turn off to Mallacoota; a distance of around 500 km. Due to the rugged nature of the country we pass through the journey may take up to 9 hours allowing for lunch and whistle stops.

Accommodation:

A preliminary booking of Cabins has been made in Mallacoota. The site is within easy walking distance of shops and amenities. The cabins have a well equipped kitchen & lounge area, and two bedrooms with a separate shower and toilet. One bedroom has a double bed and the other a single bed and two bunks. Laundry facilities are available. Linen can be hired. (The cost is not known yet). There is a small barbeque facility near the cabins.

The wide range of facilities in the town includes garages, shops, restaurants and a hotel. The population of the town is reported to be 1000 to 1200. A number of walks originate in the town.

Cost:

Travelling - at least \$85. Accommodation; \$125 to \$160 depending on numbers in cabins. Plus food that is sure to be relatively expensive given the remoteness of the area. **\$25 per person deposit is to be paid to Lois or Val by Dec 15th or as A.S.A.P**

Walks:

Day 2 The Mallacoota Walking Track. Five sections in and around town. **6.5 km** plus a further **8 km** along the beach and cliffs to Quarry Beach. Of interest are Mallacoota Gums (only 38 left in the wild). Aboriginal artefacts have been unearthed at a midden near Captains Point. A cairn marks the site of huts built in 1842 by Captain John Stevenson, a whaler, believed to be the first settler in the area. The walk extension – perhaps using a car shuttle – will take us along the beach at the Betka River to a couple of rocky headlands showing intricately folded and layered multi-coloured strata. A feature known as Twin Caves can be explored. There are excellent views from the cliff tops and promontories.

(2)

Day 3 Secret Beach to Shipwreck Creek. (Old Coast Road Walk) **13 km**. Easy. What lovely names – like something out of a boys own manual! This track passes through sections of forest and rolling heathland. Bloodwoods and Silvertop Ash are the dominant forest species. Spectacular views along the coast and a great variety of birds are features of this walk.

Day 4 Bucklands Jetty and Double Creek Arm. **16 km**. Easy / medium. This walk generally follows the shoreline with a few short steep sections. We can return by retracing our steps or by following the main road to Karbethong Road which we follow to the start point. Warm temperate rainforest species will be seen at gully crossings. Orchids are reputed to abound in the areas of open understorey in spring.

Day 5 Drive to Genoa Falls & Genoa Peak (**2 km** walk) and explore Gypsy Point and its historical cemetery on the way home. Genoa Falls is a beautiful little area on Genoa Creek about 4 km west of town and 200 m off the highway. Genoa Peak is pink granite and is reached by climbing a ladder to the top of a large boulder after a 2 km walk. At 490 m high it provides extensive views in all directions. Gypsy Point is a renowned tourist destination situated at the top of the inlet. It was the landing point for visitors and provisions for the area before the road was opened in 1918.

Day 6 Shipwreck Creek to Little Rame Head and Benedore River mouth. **22km**. Hard (distance). The walk is made up of four sections. As little as 8 km need be walked. This track features a variety of vegetation types; Coastal Heathland, Banksia Woodland and Bloodwood Forests give way to extensive areas of Grasstree plains. Little Rame Head provides breathtaking views of the rugged coastline. Strong walkers can continue to the Benedore River if the weather is suitable (distance included above).

Day 7 Sandy Point, Campshot Point, Quambie Point, Double Creek Arm, and Double Creek Arm Nature Trail. **13 km**. Medium. A series of short walks that illustrate the great variety of flora and scenery that the area has to offer. Saw Banksia at Campshot Point, tall Paper Barks at Double Creek Arm, Rain Forest Gullies on the Nature Trail, and Angophora, Stringybarks, Ironbarks and She-oaks at Quambie Point.

Day 8 Return home.

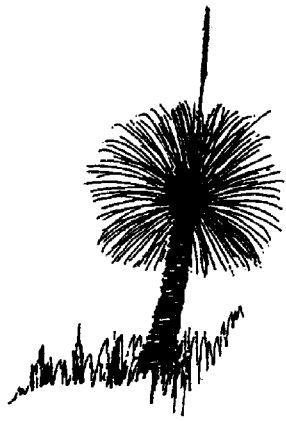
I have omitted much more than I have included in these brief descriptions but I feel they illustrate a little of what the area has to offer. This program is tentative only. I have tried to limit travel and expense such as the long drive around to Wingan Inlet, boating across the inlet to walks on the east side or a trip to Gabo Island that I understand is for two days.

Thanks to Brian Mathews for his on site assessment of accommodation choices and for collecting so much information about walks in the area.

David

WARBY RANGE BUSHWALKERS Inc.

WALKS PROGRAM



SPRING 2003

JUNE 7 Saturday	BEECHWORTH to EVERTON RAIL TRAIL A car shuffle and a visit to the bakery is being planned. Contact LOIS TIPPET	EASY 57 251785
JUNE 22 Sunday	SUNRISE TRACK in THE WARBY RANGE Members of Wangaratta Out & About Club will join us for this walk. Contact BILL ROSSER	EASY 57 221947
JULY 5 Saturday	CHILTERN NATIONAL PARK CYANIDE DAM WHITE BOX WALK Contact ISOBEL MOORE	EASY 57 214443
JULY 19 Saturday	KING VALLEY—THISTLE HILL WALK Great views of the King River and Boggy Creek valleys. Contact ALLAN RAISON	MEDIUM 57 217886
AUG. 3 Sunday	BEECHWORTH AREA WOOLSHED FALLS to ONE TREE HILL Contact LOIS TIPPET	EASY/MEDIUM 57 251785
AUG. 17 Sunday	ELDORADO AREA FROM RICHARDS TRACK Contact LOIS TIPPET	EASY/MEDIUM 57 251785
SEP. 6 to 14	WARBY RANGE PROMOTION WALKS A series of short walks in the Warby Range run by the Friends of the Warbys	
Sat Sep 6 (am)	Friends Track about 4.5 km Joy and Bill Rosser	EASY
Sun Sep 7 (pm)	Salisbury Falls to Boilerwood Track and return. about 4.2 km Catriona and David Ferguson	EASY
Tue Sep 9 (am)	Pine Gully Nature Walk about 3.0 km Lois Tippet	EASY
Thu Sep 11 (pm)	Alpine Views Track from Wenhams via Mt Warby about 7.8 km Helen and Adrian Twitt	EASY
Sat Sep 13 (pm)	Sunrise Track (original loop) about 5.5 km Helen and Adrian Twitt	EASY
Sun Sep 14 (am)	Pangarang Lookout and return about 4.5 km Helen Curtis	EASY
	All walks meet at Rotary Park in Edwards St. at 9.00am or 1.30 pm. Sturdy walking shoes essential. Bring water.	57215327 Adrian 57218937 Helen
SEP 21 Saturday	WARBY RANGE WILDFLOWER WALK From Black Springs Contact JOY & BILL ROSSER	EASY / MEDIUM 57 221947
OCT 4 Saturday	YACKANDAN VAH GORGE Contact FRANK SCHUMACHER	EASY / MEDIUM 57 662690

*Secretary left! Around mining area
coming from Beechworth.*

CHECK LISTS

CHECK LIST FOR ORDINARY DAY WALK

1. **Day pack.** Of adequate size and comfortable fit.
2. **Fluid.** An amount sufficient to last at least the duration of the walk.
(As a guide—one litre for each 10 km of the walk)
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6. **Attire.**

- | | | |
|------------------------------------|-------------------------------------|--------------------------|
| (a) Sturdy boots. | (b) Woolen socks. (2 pair). | (c) Jumpers as required. |
| (d) Shorts or trousers (no denim). | (e) Long sleeved shirt with collar. | (f) Hat with brim. |
| (g) Sunglasses. | | |

7. **Other personal items.**

- | | | |
|-----------------------|---|-------------------|
| (a) Sunscreen. | (b) Band-Aids. | (c) Matches. |
| (d) Safety pins. | (e) Note book and pencil. | (f) Toilet paper. |
| (g) Elastic bandages. | (h) Whistle. | (j) Compass. |
| (k) Spare bootlaces. | (l) Personal medication for conditions such as asthma, blisters or sunburn. | |

CHECK LIST FOR ALPINE DAY WALK

1. **Day pack.** Of adequate size and comfortable fit.
2. **Fluid.** An amount sufficient to last at least the duration of the walk **plus a reserve.**
(As a guide—one litre for each 10 km of the walk)
3. **Food.** Lunch plus high energy snacks **plus significant reserve.**
4. **Wet weather gear.** Waterproof coat and waterproof over trousers.
5. **Extra tracksuit** (top and trousers) or similar.
6. **Woolen jumper** (If not being worn).
7. **Balaclava** or beanie plus woolen **gloves** or mitts.
8. **Spare socks.**
9. **Thermal underwear,** gloves and socks or similar if you have them.
10. **Attire.**

- | | | |
|------------------------------------|-------------------------------------|--------------------------|
| (a) Sturdy boots. (Must) | (b) Woolen socks. (2 pair). | (c) Jumpers as required. |
| (d) Shorts or trousers (no denim). | (e) Long sleeved shirt with collar. | (f) Hat with brim. |
| (g) Sunglasses. | | |

11. **Personal Items.**

- | | |
|---|----------------------|
| (a) Sunscreen. | (b) Band-Aids. |
| (c) Matches. | (d) Safety pins. |
| (e) Note book and pencil. | (f) Toilet paper. |
| (g) Elastic bandages. | (h) Whistle. |
| (j) Compass. | (k) Spare bootlaces. |
| (l) Personal medication for conditions such as asthma, blisters or sunburn. | |

12. **Optional extras.**

- | | |
|-------------------------------|-----------------------------------|
| (a) Pocket knife. | (b) Plastic poncho (recommended). |
| (c) Towel or absorbent cloth. | (d) 50m of light cord. |



WALKS PROGRAM



SPRING 2003

OCT 19 Sunday	MOUNT TABLETOP (Near Albury) Contact ALLAN RAISON	EASY / MEDIUM 57 217886
NOV 2 ? Sunday ?	JOIN JAZZ WALK (in and around Wangaratta) Contact VAL KEMP	EASY 57 219409
NOV 14, 15, 16 Fri., Sat., Sun.	MOUNT BEAUTY AREA—MOUNTAIN CREEK Accommodation is available in Tawonga, about 10 km. Contact JOY & BILL ROSSER	ALL GRADES 57 221947
NOV 17 Monday	COMMITTEE MEETING VAL KEMP'S home at 131 Williams Road	7.00 to 8.00 pm 57219409
NOV 17 Monday	WALKS PLANNING MEETING VAL KEMP'S home at 131 Williams Road	8.00 to 9.30 pm 57219409
DEC 6 Saturday	BAROOGA FOREST Contact HELEN & ADRIAN TWITT	EASY 57 215327
DEC 20 Saturday	CHRISTMAS BREAKUP JOY & BILL ROSSER 1 Warwillah Avenue Wangaratta	VERY EASY 57 221947
JAN 4 Sunday	PICNIC DAY at LAKE WILLIAM HOVELL Contact ISOBEL MOORE. Meet with 'Out & About'	EASY 57 214443
JAN 16, 17, 18 Fri., Sat., Sun.	MOUNT TYPO WEEKEND Walk at Mt Cobbler on Saturday and short walk near the Station on Sunday. Accommodation at Mt. Typo Station if possible. Contact HELEN & ADRIAN	EASY 57 215327
FEB 7 Saturday	MOUNT SAMARIA Contact ALLAN RAISON	EASY / MEDIUM 57 217886
FEB 20, 21, 22 Fri., Sat., Sun.	MT ST BERNARD Stay at Wangaratta Ski Club. \$10 each per night. Contact HELEN & ADRIAN (One weeks notice please)	EASY 57 215327
Late March or April, avoiding Easter etc.	WEEK AWAY— WESTERN BLUE MOUNTAINS Possibly based at Rylstone east of Mudgee. Walks, accommodation, travel etc—next newsletter Contact HELEN & ADRIAN TWITT	All Grades 57 215327

GRADING OF WALKS

- EASY** About 12 km, generally on tracks in flat to undulating terrain with climbs to 200m. These walks are suitable for most people of average fitness.
- MEDIUM—(LONG)** As for easy but with distances up to about 18 km, possibly with some cross country sections and / or climbs over 200m. A reasonable level of fitness and some bushwalking experience is recommended.
- MEDIUM—(CLIMBS)** 12 to 18 km. May include some rough terrain, 'scrub bashing' and possibly sustained climbs up to 600m. A reasonable level of fitness and some bushwalking experience is recommended.
- HARD** Distances greater than 18 km and / or climbs over 600m in any combination. These walks should only be undertaken by fit and experienced walkers.

Please contact the nominated walk leader in advance (preferably 2 days or 3 for campovers) for details of the walk, meeting place and time. If you can't contact the leader then address your inquiries to the Walks Coordinator.

GUIDE TO SAFE BUSHWALKING

SAFETY

1. Extra is better. Extra clothing, food and fluid should be carried in case of emergencies; particularly on an Alpine walk.
2. Each person should make every effort to stay with the group. If you are having trouble keeping up, you must inform the leader. Fast walkers should restrain themselves.
3. Each person must at all times be able to see the next person in front of them and the next person behind them.
4. If you become separated for whatever reason, you must immediately raise an alarm by blowing your whistle three times or by loud calling. Wait where you are and keep calling until a response is received.
5. No person is to leave the group without informing the leader, even for a nature call.
6. A leader may advise a person to abort their walk and will arrange for them to be accompanied home. The leader would only do this for the benefit of the person and the welfare of the group.
7. Experienced walkers may by arrangement with the leader, deviate from the planned walk **BUT** never alone and preferably at least three together.

THE ROLE OF LEADERS

1. Leaders are all volunteers.
2. Leaders are the clubs representative and are responsible for the implementation of the rules.
3. Leaders usually plan the outing and in so doing cater as far as possible for the range of abilities of all intending participants.
4. Leaders are responsible for the group as well as individual well being.
5. Leaders have to evaluate all risks and take appropriate action as the need arises. They will always act in the best interest of the whole group.
6. Leaders will advise each participant of degree of difficulty, distance, likely conditions and any expected problems prior to the start of the walk.
7. Leaders will also advise which kit to carry and any special requirements.
8. Leaders report on all walks they lead.

MEMBERS RESPONSIBILITIES

1. Every person is responsible for being appropriately attired and equipped.
2. The leader must be informed of any known deficiencies prior to starting out.
3. The leader is to be informed of any condition liable to hinder a person from performing at their usual standard.
4. Anybody with a pre-existing condition or are prone to blisters should carry appropriate treatments.
5. Members introducing new walkers should make them aware of the clubs rules and the role of leaders. Members should ensure the new walkers are adequately equipped. They should be given a copy of the checklists and the guide to safe bushwalking.
6. Each person is to sign the register of participants.

